

Family Achievement Center
SPRING PLAY GROUP

March 2 - April 20, 2009 Mondays - 4 to 5 pm

Ages 4 to 6 years

Family Achievement Center offers a Life Skills Play Group for children ages 4 to 6 years. The group is intended for children who are having difficulties or delays in development that impacts their ability to spontaneously play and socialize with peers. Topics for the group are taught using multiple learning approaches to meet the needs of children with different learning styles.

Topics addressed within the group include:

- Learning how to introduce yourself and interact together
- Learning how to follow schedules and rules
- Learning to take turns and share
- Learning to deal with frustrations and conflict
- Learning to make choices
- Learning basic conversation skills
- Learning to listen; learning social cues
- Learning to actively participate
- Cooperating with others
- Initiating play and joining in

This group is run on an eight-week private pay format with an occupational therapist and childhood educator. Each group lasts 50 minutes with an additional 10 minutes provided for parent/therapist communications.

Your child must meet the following criteria for successful participation in this group:

- Programming is designed for children ages 4 to 6 years (a therapist may accept a child younger or older if it is appropriate for the child).
- Children must be able to separate from their caregivers for 1 hour.
- Children must be able to comprehend and attend to basic instructions (i.e. sit down for circle time, keep your hands to yourself, stop, etc.)
- Children cannot be aggressive towards other children or adults
- Children should not be a "flight risk"

Sign up early! Space is limited! To register: Please contact your therapist or Leah, OTR/L, at Family Achievement Center with any additional questions 651-738-9888.