



Enhance Your Transitional Skills

Services and programs designed to provide a successful transition to greater independence

Woodbury's Family Achievement Center provides additional **individual** support with programs in Occupational and Speech Therapies to help promote greater independence for teens and young adults. All programs are designed to specifically meet each individual's needs:

- Greater independence in self-care skills and personal hygiene
- Money management training
- Time management and organization
- Increased independence in job skills (greater focus in multi-step tasks)
- Menu-planning and cooking skills in our on-site ADL kitchen
- Home management skills (laundry, cleaning)
- Social skill development --- independent and/or small group training
- Local community outings to apply and practice learned skills
- Personal safety skills
- Aquatic therapy options to enhance skill development

Please contact us with additional questions or visit our web site to take an on-line tour of our facility:

651-738-9888 • www.familyachievement.com
8320 City Centre Drive • Woodbury, MN 55125